



Daily Routine

At Teensy Wonders, we don't follow a strict timetable. Even though there are two groups of children split by the age, these two groups move freely around the nursery and are often involved in the same activities at various areas of the nursery.

Below is an example of 'A Day in the Life' of our children.

09:00: Children and parents are welcomed into the nursery. We start the day with free choice between indoor and outdoor areas and children explore available activities.

Activities in the garden include role play in Wendy house, riding scooters, trikes and bikes, use of a range of climbing equipment or relaxing in the outdoor library. Children choose which fun activity they want to get involved in, while exploring wild bark area, or being creative and imaginative in the sand pit. Some enjoy the science and nature environment and ever-growing gardening facilities, whilst others choose to be creative and challenging at our art/literacy/mathematics table.

In the main room children enjoy arts & crafts, small world play or sensory/messy play room, whilst others explore home corner, the library or construction table and the latest addition to our resources; a darkened sensory area equipped with illuminated activity table; lava lamps; sensory bubbles, balls and blocks; colour squishy sparkles shapes and more.

We use a broad range of equipment, from natural and holistic to Montessori. While playing, we practice our phonics sounds and use mathematical language and explore selected educational programs at the computer / tablets table. We often organise smaller groups and explore fun resources – we learn important skills, without even realising!

10:20: Getting ready for snack time, working in teams and helping with tidying up toys, whilst learning very important independent skills such as going to toilet independently, washing hands and dressing up.

10:30: We enjoy healthy snacks and drinks and sit together around the table. We start our snack with the wide choice of fruits followed by dry snack such as cereals, bread sticks, rice crackers or similar. With the support of adults, children help themselves with a choice of water or organic milk. At the end of snack time, children are encouraged to clean up their own plates before going back to play.

11:00: We continue to have even more fun either with planned activities based around individual interest and needs or with the free choice activity. This is also the time allocated for small-group focus activities to support 'readiness for school'.

11:30: Children get ready to sit down with their age groups for circle and story time, so the age appropriate books could be selected and read. Younger children have their story read in a separate room whilst the older group stays in the main hall.

11:55 Children leaving the setting at 12 start getting ready to go and are dressing up and packing their bags.

12:00: All other children have 5 to 10 minutes' quiet time when they are encouraged to choose a book and independently read while adults are there to support them if needed. We then watch and listen to audio/video story, program or song related to the theme of the week and at the end we discuss and comment our observations.

12.20: Getting ready for lunch time whilst working together and helping with tiding up books, as well as learning very important independent skills such as going to toilet and washing hands.

12.30: At lunchtime, it's great to chat with friends and adults, whilst enjoying our yummy homemade lunches, delicious deserts accompanied with calming classical music in the background.

13:00: Once again we start the afternoon activities with free choice between indoor and outdoor play, same as 9:00.

14:00: We then continue to having fun either with planned activities based around individual interest and needs or with the free choice activity. This is also the time allocated for small group focus activities to support 'readiness for school'.

14:30: Children get ready to sit down with their age groups for circle and story time, so the age appropriate books could be selected and read. Younger children have their story read in a separate room whilst the older group stays in the main hall.

14:45: Just before home time children are getting ready and we have another snack to finish the nursery day.

We organise regular educational outings. These include nature walks, strolls in the neighbourhood when we learn to follow the rules of the road, visits to local supermarket, post office and other local businesses. We organise visits to our nursery by professionals who talk to children about their area of expertise. Some of our regular visitors are: the dentist, policeman, Edmonton fire brigade who visited us with their fire engine and children had the opportunity to explore the equipment. We have regular weekly visits by drama and dance instructors, French language teacher, story tellers and a football coach. And last by not least we organise seasonal visits to theatre for themed Christmas show and a farm visit during summer term when children have the opportunity to feed animals, pet the rabbits and go on a tractor ride.

Whilst the above gives you an idea of the routine at the nursery, it is very flexible and will depend very much on the children's interests and their choice of resources and activities. Given the large sheltered outdoor space, bad weather never stops us from enjoying our favourite activities in the garden. We have water stations both inside and in the garden and children are encouraged to help themselves throughout the day.