



**FRONTLINE FOOTBALL NURSERY SCHOOL PROGRAMME CURRICULUM**

<p><b>SOCIAL AND EMOTIONAL DEVELOPMENT</b></p>	<p><u><b>PRO-SOCIAL BEHAVIOUR</b></u></p> <ul style="list-style-type: none"> <li>• Play well with other children</li> <li>• Recognise the feelings of other children</li> <li>• Respond appropriately to other people's feelings</li> <li>• Reacting correctly to success and failure</li> </ul>	<p><u><b>SENSE OF SELF</b></u></p> <ul style="list-style-type: none"> <li>• Developing their own emotions, and manage them appropriately</li> <li>• Able to adjust to new situations and games</li> <li>• Demonstrate trust in adults, other children and team mates</li> </ul>	<p><u><b>SPEAK, LISTEN AND UNDERSTAND</b></u></p> <ul style="list-style-type: none"> <li>• Express themselves using words and sentences</li> <li>• Understand and follow simple and complex instructions</li> <li>• Answer and ask questions.</li> <li>• Develop understanding of tasks</li> </ul>
<p><b>PHYSICAL DEVELOPMENT</b></p>	<p><u><b>KEY MOTOR SKILLS</b></u></p> <ul style="list-style-type: none"> <li>• Successfully demonstrate and use basic skills (walking, running, stopping)</li> <li>• Develop skills of jumping, hopping, landing, skipping</li> <li>• Develop proprioception and coordination of all body parts</li> </ul>	<p><u><b>ABCs</b></u></p> <ul style="list-style-type: none"> <li>• Develop agility, using different body parts and movements</li> <li>• Show balance whilst moving and stationary</li> <li>• Coordinate eye-hand/foot movements</li> <li>• Understand changes of direction and speed</li> </ul>	<p><u><b>ACTIVE LIFESTYLE:</b></u></p> <ul style="list-style-type: none"> <li>• Encourage children to lead active, healthy lifestyles</li> <li>• Programmes both in and out of the nursery school environment to keep children involved in sports</li> <li>• Show and understand benefits of healthy lifestyles and healthy eating</li> </ul>
<p><b>TECHNICAL AND TACTICAL DEVELOPMENT</b></p>	<p><u><b>LEARN SIMPLE TECHNIQUES</b></u></p> <ul style="list-style-type: none"> <li>• Learn simple techniques such as throwing, kicking, catching and rolling</li> <li>• Being able to select the correct method to achieve</li> <li>• Execute and be able to repeat simple techniques correctly</li> </ul>	<p><u><b>SHOW ADVANCED TECHNIQUES</b></u></p> <ul style="list-style-type: none"> <li>• Develop understanding of power, height, direction, speed</li> <li>• Aim throws and kicks towards specific targets/destinations</li> <li>• Show movement patterns, good reflexes and reactions</li> </ul>	<p><u><b>PREPARE FOR COMPETITION</b></u></p> <ul style="list-style-type: none"> <li>• Introduce team and group games.</li> <li>• Work as a group and learn their role within a team.</li> <li>• Support, encourage and help their friends achieve</li> <li>• Enjoy competitions and challenges</li> </ul>
<p><b>PSYCHOLOGICAL AND COGNITIVE DEVELOPMENT</b></p>	<p><u><b>RESPONSIBILITY FOR SELF AND OTHERS</b></u></p> <ul style="list-style-type: none"> <li>• Demonstrate independence and self-direction</li> <li>• Take responsibility for actions, application and well-being</li> <li>• Respect and care for other children, equipment and environment</li> <li>• Follow routines and rules set by school and Frontline Football</li> </ul>	<p><u><b>PROBLEM SOLVING</b></u></p> <ul style="list-style-type: none"> <li>• Approach games with a sense of curiosity and intrigue</li> <li>• Recognise patterns and ability to repeat/solve them</li> <li>• Explore challenges and learn from failures</li> <li>• Use numbers, counting and the alphabet</li> <li>• Show awareness of their position in 'space'</li> </ul>	<p><u><b>USE IMAGINATION</b></u></p> <ul style="list-style-type: none"> <li>• Link actions to favourite characters and heroes</li> <li>• Develop ability to imagination and creativity</li> <li>• Ability to 'make believe' and 'pretend' with objects and actions</li> <li>• Take on pretend roles and in different situations</li> <li>• Enjoy learning and learn through fun</li> </ul>